

ARTIST CV - MARIA SAUERLAND

DANCER / PERFORMER / CHOREOGRAPHER

EDUCATION

- 2012 – 2016 **Etage, school for performance and visual arts e.V.**,
Berlin, professional stage dance school
- 2016 – 2019 **Centre for Contemporary Dance, Cologne University
of Music and Dance**
- 2017 – 2018 **Institute for Yoga and Health**, Cologne,
Yoga-Teacher-Training
- 2018 – 2019 **Mimar Sinan Fine Arts University**, Erasmus in Istanbul
- 2019 **Polestar Pilates Education**, Cologne, Pilates-Teacher-Training



PROJECTS

- 2012 – 2016 many public performances within the dance education with choreographies of Saskia Assohoto, Jennifer Mann, Christian Schwaan, Yara Dolev, etc.
- 2017 **Werden Sein Werden** by Jan Burkhardt und Sigal Zouk
- 2018 **Level X** by Katharina Senzenberger
- 2018 **Impactzone – 12** by Jan Burkhardt und Sigal Zouk
- 2018 **Captured**, own choreographic work in collaboration with Paulina Jürges
- 2019 **Work in progress** by Yossi Berg and Oded Graf
- 2019 **Safe Spaces** by Miriam Arnold
- 2019 – 2020 social volunteer work with refugees in Turkey and Palestine
- 2021 **Zwischenräume**, own choreographic work in collaboration with Miriam Arnold for the *Kulturfunke-Initiative* Lübeck, funded by Possehlstiftung Lübeck
- 2021 **Stages into the Now**, artistic collaboration with Alexandra Waierstall
- 2021 **In a dialogue**, own artistic project in collaboration with Ramin Aryaie (film) funded by the *Auf-geht's-scholarship* of North-Rhine-Westphalia
- 2022 **Hexaptycher Tanz**, own piece in collaboration with Miriam Arnold for the vernissage of the installation *Hexaptycher Tanz* of Robert Abrahamyan Abmanb
- 2022 **Breathing** by Christi Knak-Tschaikowskaja
- 2022 **DIGGING THE GROUND** by Malin Harff
- 2022 **Silence** by Ilona Pászthy
- 2023 **Absence#3** by Ilona Pászthy
- 2023 **Crossing the line**, own choreographic work, solo, supported by the *Auf-geht's-scholarship* of the state of NRW

TEACHING

- since 2014 private and public classes/ workshops for Ballet, Modern and Contemporary Dance
- since 2018 teaching of Yoga and Pilates

MUSIC

- 2006 – 2012 student in a music-profile highschool J.-W.-von-Goethe, Schwerin with an extensive music theory education, choir practice and concerts and professional singing lessons
- 2001 – 2014 piano classes, partly with Hartmut Leistritz, prof. at the university of music, Lübeck
- 2014 – 2016 guitar classes, 2017 – 2018 drums classes